

## THE LAW SAYS

**IF I WORK WHILE STILL OF COMPULSORY SCHOOL AGE, I MUST HAVE A WORK PERMIT. AN APPLICATION FORM SIGNED BY MY PARENTS/CARERS, EMPLOYER AND HEAD TEACHER/ EDUCATION PROVIDER SHOULD BE COMPLETED AND SENT TO THE ADDRESS BELOW SO THAT A WORK PERMIT MAY BE ISSUED.**

WORK I CAN DO	DAYS AND HOURS I CAN WORK
<p>I may only do 'light' work which means:</p> <ul style="list-style-type: none"> <li>• work that is not likely to affect my safety, health or development;</li> <li>• work that will not affect my attendance or performance at school/education provision or during work experience.</li> </ul> <p>I may only do light work in the following jobs:</p> <ul style="list-style-type: none"> <li>• agricultural or horticultural work;</li> <li>• delivery of newspapers, journals and other printed material;</li> <li>• shop work, including shelf stacking;</li> <li>• hairdressing;</li> <li>• office work;</li> <li>• car washing by hand in a private residential setting;</li> <li>• in a café or restaurant but not in the kitchen;</li> <li>• in riding stables;</li> <li>• domestic work in hotels and other establishments offering accommodation.</li> </ul> <p><b>There must be 2 consecutive weeks free from work during the year</b></p>	<p><b>AT AGE 13 AND 14</b></p> <p><b>Saturdays</b></p> <ul style="list-style-type: none"> <li>• 5 hours between 7.00 am &amp; 7.00 pm</li> </ul> <p><b>School Holidays</b></p> <ul style="list-style-type: none"> <li>• Maximum of 5 hours a day between 7.00 am &amp; 7.00 pm (excluding Sundays)</li> <li>• Maximum of 25 hours in a week</li> </ul> <p><b>AT AGE 15 AND 16</b></p> <p><b>Saturdays</b></p> <ul style="list-style-type: none"> <li>• 8 hours between 7.00 am &amp; 7.00 pm</li> </ul> <p><b>School Holidays</b></p> <ul style="list-style-type: none"> <li>• Maximum of 8 hours a day between 7.00 am &amp; 7.00pm (excluding Sundays)</li> <li>• Maximum of 35 hours in a week</li> </ul> <p><b>AT AGE 13 TO 16</b></p> <p><b>School Days</b></p> <ul style="list-style-type: none"> <li>• Only 2 hours in 1 day</li> <li>• Only 1 hour between 7.00 am &amp; the start of school</li> <li>• Not after 7.00 pm</li> <li>• No more than 12 hours in a term-time week</li> </ul> <p><b>Sundays</b></p> <ul style="list-style-type: none"> <li>• 2 hours between 7.00 am &amp; 7.00 pm</li> </ul> <p><b>There must be a rest break of 1 hour every 4 hours</b></p>

**Compulsory school age:** Children reaching 16 years between 1 Sept and 31 Aug remain of compulsory school age until the last Friday in June.

**Application forms, a copy of the byelaws and further information may be obtained from:**  
 Child Employment (Education Office), Young Peoples March, City Road, March, PE15 9LS  
 Telephone: 01354 750166      Email: [child.employment@cambridgeshire.gov.uk](mailto:child.employment@cambridgeshire.gov.uk)

June 2019

## EMPLOYMENT OF CHILDREN AND YOUNG PERSONS

### THE LAW SAYS

Children are not allowed to work:

- during school hours on school days;
- in any factory or industrial undertaking;
- in a cinema, theatre, discotheque, dance hall or nightclub, except where the performance is entirely given by children;
- selling or delivering alcohol, except in sealed containers;
- delivering milk;
- delivering fuel oils;
- in a commercial kitchen;
- collecting or sorting refuse;
- in any work which is more than three metres above ground level or, if inside, more than three metres above floor level;
- in any work involving harmful exposure to physical, biological or chemical agents;
- collecting money or selling or canvassing door to door except under the supervision of an adult;
- in any work involving exposure to adult material or in situations which are for this reason unsuitable for children;
- in telephone sales;
- in any slaughterhouse or butcher's shop;
- as an attendant or assistant in a fairground or amusement arcade or any other similar premises;
- in the personal care of residents of any residential care home or nursing home;
- in street trading.

Child Employment (Education Office)

Young Peoples March

City Road

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